



Community Care Network

Rutland Mental Health Services | Rutland Community Programs

Become a Respite Provider



Opening **homes**. Opening **hearts**.

Developmental Services offers a number of employment opportunities for anyone seeking fulfilling work in a supportive environment. If being a Respite Provider is not for you, you can learn about other employment opportunities by calling (802) 775-2381 or visiting rmhscn.org

Office Hours: 8:30 am - 4:30 PM, M-F

78 Main Street Rutland, VT 05702

(802) 775-0828 | 24-Hour Crisis Line: (802) 775-1000

WHAT IS RESPITE?

Respite is an alternative caregiving arrangement for family or Shared Living (home) providers/foster families. It provides caregivers breaks on an intermittent, time limited basis. Respite supports can be provided by the hour or in 24-hour increments. Respite can be provided in the child/adult's home or place of residence, foster home, your home, or at another approved neutral location.

WHO ARE RESPITE PROVIDERS?

Respite providers are people interested in allowing caregivers a break from ongoing care of children and adults with disabilities. The supports can be provided either planned or in response to a crisis.

- Cultivate a safe and healthy environment.
- Provide a sense of calm and relaxation for all involved.
- Supports Support individuals to experience alternatives to their daily routines.
- Engage in activities that support a person's interests.

TAKE THE NEXT STEP

Families and Shared Living (SL) providers do their own hiring for Respite Providers. The process involves:

- Connecting with a family/provider (you may know someone, or CCN can help introduce you to a family/SL provider);
- Providing proof of minimum age of 18 and high school education or equivalent;
- Working with a family or shared living provider to complete employee hiring forms, including Background Checks, for each separate employer (Shared Living Provider or Family) with ARIS (fiscal intermediary); and
- Each employer will provide you with training in general policies, procedures and philosophy of service, as well as training specific to the supports needed for each individual before you start work delivered by each employer.

Want to learn more about being a Respite Provider? Scan the QR Code with your phone camera or email contact@rmhscn.org!

