

SUPPORT LINES

Rutland Mental Health Crisis Line

Open 24/7 for mental health emergencies
1-802-775-1000

or

Text 1-802-214-2553

National Suicide Prevention Lifeline

Dial 988

Pathways Vermont Support Line

1-833-VT-TALKS

Vermont Psychiatric Survivors

1-800-475-4907

Veterans Crisis Line

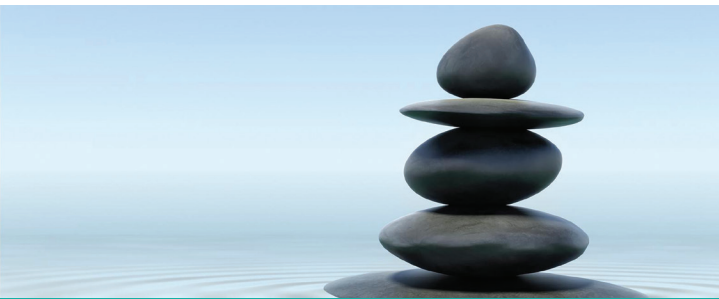
Dial 988 (Press 1)

Trevor Project (LGBTQ youth)

1-866-488-7386

National Text Crisis Line

Text the word "TALK" to 741741



Community Care Network Rutland Mental Health Emergency Services

230 North Main Street

Rutland, VT 05701

Crisis Line: 1-802-775-1000

Crisis Text Line: 1-802-214-2553

The Rutland Mental Health Emergency Services Team provides service to people of all ages who are experiencing a mental health emergency. We are available 24 hours a day, seven days a week.

CALL US AT :
1-802-775-1000

OR TEXT US AT:
1-802-214-2553



ABOUT COMMUNITY CARE NETWORK

Community Care Network (CCN) is the parent corporation of an array of health, human service, employment, and rehabilitation programs serving the greater Rutland region.

EQUAL OPPORTUNITY

It is the policy of RMHS to provide equal opportunity and employment to all staff, applicants, and recipients of our services.

ACCREDITATION

Rutland Mental Health Services is a designated provider of mental health and substance abuse services by the State of Vermont Agency of Human Services.

PAYMENT

Most insurance, including Medicaid, is accepted. Reduced fees are available to those without insurance. Payment arrangements are made on an individual basis.

rmhscn.org

Mailing address: P.O. Box 222, Rutland, VT 05702

OUR MISSION: To enhance the well-being of our communities, individuals and families through responsive, innovative and collaborative human services.



Community
Care Network

Rutland Mental Health Services | Rutland Community Programs

Emergency Services



thriving community,
empowered lives

COMMUNITY RESOURCES

- Alcoholics Anonymous1-802-775-0402
- Adult Protective Services1-800-564-1612
- Bereavement Support1-802-770-1516
- BROCC1-802-775-0878
- Council on Aging1-802-786-5991
- Impaired Driver Rehabilitation Program (IDRP)1-802-747-3588
- DCF.....1-802-786-5817
- Department of Labor1-802-786-5837
- Disability Rights Vermont1-802-229-1355
- Domestic Crisis Hotline1-802-775-3232
- Easter Seals1-802-223-4744
- Economic Services1-802-786-2528
- Homeless Prevention Ctr.1-802-775-9286
- NAMI Vermont1-802-247-0180
- Neighborworks1-802-438-2303
- NewStory Center1-802-775-6788
- Open Door Mission1-802-775-5661
- Pathways Vermont1-888-192-8218
- Salvation Army1-802-775-5150
- Survivors of Suicide1-802-773-6747
- VA Clinic1-800-772-2300



Anyone can experience a mental health crisis, and these experiences can feel overwhelming for both the individual in crisis and the people who care about them.

When an individual in Rutland County needs help, the Rutland Mental Health Emergency Services Team is always within reach, 24 hours a day, seven days a week, to assist with:

- Crisis assessment and intervention services
- Supportive counseling
- Establishing coping skills
- Education on mental health
- Referrals to mental health and other service providers
- Information on mental health services and community resources
- Accessing additional crisis services, such as residential, non-residential, and mobile crisis services, as well as outpatient psychiatric urgent care
- Identifying mental health and other service needs, such as medical, financial, vocational, social, housing, and transportation services.

Help is available for anyone who needs it. Whether you are in distress, feeling anxious, or don't know where to begin finding support, please call us!

**We are available 24/7 at 1-802-775-1000
Or text us at 1-802-214-2553**

ADDITIONAL RESOURCES

Rutland Mental Health Services-Community Care Network also offers:

- **Substance Use and Recovery Services**
- **Adult Mental Health Services**
- **Child & Family Mental Health Services**
- **Elder Care Services**
- **Early Childhood Services**
- **Developmental Services**
- **Residential Services**

To learn more about these services, call us at 1-802-775-2381 or visit our website at rmhscn.org.

CALL FIRST.

Free 24 Hour Crisis Assistance Line

Experiencing a mental health emergency? Before you go to the Emergency Room, **CALL FIRST** and we can talk about seeing you:

- At our Rutland office
- In your home
- At school
- In the community

You have options when it comes to getting help. Let's talk.

**Call our 24 hour Crisis Assistance Line at
802-775-1000
or text us at 802-214-2553**

